



Building Healthy Relationships - RSE

Kingsway Community Trust

- *Be a nurturing and safe environment where excellence and diversity are valued and celebrated*
- *Create enthusiasm for learning that will shape young people's lives and future chances*
- *Enable children to build friendships and relationships through respect, teamwork and valuing their community*
- *Harness all children's potential so that there are no limits as to what they can achieve*
- *Never forget that we are at the heart of our community*



What is RSE?

Relationship and Sex education

Relationships education

Focuses on developing children's understanding of a variety of relationships and how they can build and maintain healthy relationships. This is taught over four lessons a year in all year groups.

Children cannot be withdrawn from this curriculum from 2020

Sex education

Focuses on teaching children about how their bodies are preparing for adolescence and to start to learn about reproduction. There will be one to two lessons per year for children in Years 4, 5 and 6.

Sessions relating to puberty will be delivered in separate gender groups.

Children can be withdrawn from this curriculum

Statutory RSE and Health Education 2020

- Part of the basic school curriculum, **not** the National Curriculum.
- Relationship Education will be **compulsory** in all schools from primary upwards.
- RSE is compulsory in all secondary schools.
- Parents **can** withdraw their children from sex education but not relationship education.
- All schools must have a written policy for Relationships and Sex Education and RSE

Flexibility:

The Guidelines state they are: ‘what schools **should** do and sets out the legal duties with which schools **must** comply when teaching Relationships Education, Relationships and Sex Education (RSE) and Health Education.’

‘Although schools will have the flexibility on how they deliver content on these subjects, **the content outlined in the guidance should be taught to all pupils in line with the guiding principles.**’

By the time the children leave primary school relationships education should prepare them to

- Understand the characteristics of a healthy relationship and recognise what makes a good friend, a good colleague, a successful committed relationship.
- Understand how to treat each other with kindness and respect and to value honesty and truthfulness.
- Understand that families take on many forms and to be sensitive about the families of those around them.
- Recognise unacceptable behaviours in relationships and have the confidence and self-esteem to value themselves and manage the situation.

What does this mean for KWCT?

- We already have a SRE curriculum which has been used for the last 5 years.
- We have reviewed what we already teach and compared it to the new government guidelines
- The main difference is that we will need to include the following aspect of personal safety
- **More work on teaching the children safe – including online, understanding what are safe and unsafe relationships, keeping themselves safe**
- **This is the additional part we will now need to teach more of**

Year 1 Curriculum

	Objectives from curriculum in use before new government guidelines	Objectives from curriculum in use after new government guidelines
Year 1	Have an understanding of the concept of gender and that there are differences between them.	Have an understanding of the concept of gender and that there are body differences between them.
	Understand that their body goes through many physical changes throughout their life	About growing from young to old and that they are growing and changing.
	Recognise and celebrate activities and people that make them happy	Label a range of feelings and how relationships impact on the way they feel
	Be aware of potential dangers and feel confident talking to an adult if they feel unsafe	Children to know that they have a choice and can say “no” when others are making them feel unhappy or uncomfortable.
		Understand safe/ respectful touching in their different relationships, e.g. shaking hands, high-five’s.
	Understand the importance of hygiene, particularly dental hygiene	This objective can be found in the science curriculum.
	Understand that all living things reproduce and that the female gives birth	This objective is in the science curriculum in year 1

Year 2 Curriculum

	Objectives from curriculum in use before new government guidelines	Objectives from curriculum in use after new government guidelines
Year 2	Understand that others have feelings and how to treat others with respect.	Understand that others have feelings and how to treat others with respect
	Understand the meaning of the word 'trust'	Understand there are different relationships with different rules
	Recognise that they have physical features in common with others but that others are unique	To learn about different types of family, and the ways in which their home-life is special.
	New objective included to support restorative approaches.	Children to know that they have a choice and can say “no” when others are making them feel uncomfortable.
	New objective included to support restorative approaches.	Recognise feelings change and how they can manage these
	All living things originate from other living things	This objective can be found in the science curriculum.
	All living things grow and change and have a natural life cycle	This objective can be found in the science curriculum.
	Understand the importance of washing hands and why	This objective can be found in the science curriculum.

Year 3 curriculum

	Objectives from curriculum in use before new government guidelines	Objectives from curriculum in use after new government guidelines
Year 3	Identify desirable qualities in friends and understand that friendship is a two-way process	Identify desirable qualities in friends and understand that friendship is a two-way process
	Recognise that all living things change as they get older and become more independent	Recognise that all living things change as they get older and become more independent and relate to humans.
	Understand the importance of personal hygiene and how to take responsibility for this.	Understand the importance of personal hygiene and how to take responsibility for this.
	Recognise that members of staff in school can offer help and be confident to ask for help if they need it.	Recognise their feelings about people change and that there are a range of relationships they will encounter and is able to say no when feelings become uncomfortable.
	Understand that humans produce babies which grow into adults.	Understand that humans produce babies which grow into adults.

Right to Withdraw:

‘Schools should ensure that **parents know what will be taught and when, and clearly communicate** the fact that parents have the **right to request** that their child be withdrawn from some or all of sex education delivered as part of statutory RSE. When such a request is received, headteachers should discuss this with the parents before making their decision.’

‘The school should respect the parents’ request to withdraw the child, except in exceptional circumstances, **up to and until three terms before the child turns 16.**’

To Summarise

- RSE regulations from September 2020
- Parents have the right to withdraw their children from Sex Education lessons – one to two lessons a year from year 4 to 6
- Parents do not have the right to withdraw their child from Relationships Education from 2020 – for this there will be 4 main lessons but this is an area which is part of our everyday teaching and relationships come into everything.

Any Questions

You can

- Ask now
 - Make a note on the papers as you leave with your name and we can get back to you
 - Contact us later if you think of something
- 