



# YEAR 1 RSE CURRICULUM

# YEAR 1

Year 1	Lesson 1	Lesson 2	Lesson 3	Lesson 4
<b>Objective</b>	<b>Have concepts of gender and that there are body differences between them</b>	<b>To know about growing from young to old</b>	<b>Label a range of feelings and say how relationships impact on the way they feel.</b>	<b>Children know they have a choice and can say “no” when people are making them feel unhappy and uncomfortable Understand safe and respectful touching in different relationships</b>
<b>Problem</b>	<p>A new teacher is thinking about a lesson on gender. What would you say are:</p> <p>The similarities</p> <p>The differences</p>	<p>Order the pictures from young to old as a class. Can they decide on appropriate labels for each stage. Use post its label changes at different stages.</p> <p>Twinkl human growth display posters with labels removed.</p> <p><a href="https://www.twinkl.co.uk/resource/t-m-233-human-growth-display-posters">https://www.twinkl.co.uk/resource/t-m-233-human-growth-display-posters</a></p>	<p>Show a range of relationships that are familiar to the children:</p> <p>2 children, adult and child, what could the relationship be? Friends? Siblings? Mother and daughter? Teacher and pupil etc.</p> <p>In all relationships we have a range of feelings some good some bad- can you think of a good emotion in a relationship you may have and why and a negative emotion in a relationship and why.</p>	<p>Show pictures from previous week, recap on relationships.</p> <p>What is touch? Who can touch you? How can different people touch you?</p> <p>Show pictures of different touches, give each child one of these pictures- put the touch next to the relationship you would use this touch. (high 5, hug, shake hand, hold hands, kiss, etc)</p> <p>Show a picture of a child sad. Give scenario: this child is sad they have been touched by a friend and they didn't like it. What could they do? What should they do?</p>



# YEAR 1



**baby**



**child**



**adult**



**toddler**



**teenager**



**elderly**



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